

# OUR SPECIALISTS

Board Certified in Reproductive Endocrinology



Stephen W. Sawin, M.D.



Peter G. Van Deerlin, M.D.



Oumar Kuzbari, M.D.



Lauren Weissmann, M.D.



Tracy Krause, APN-C, MSN



Dana Dionot, APN-C, MSN

# OFFICE LOCATIONS

## Marlton Office

400 Lippincott Drive, Suite 130

Marlton, NJ 08053

**Phone:** 856.596.2233

**Fax:** 856.596.2411

## Burlington Office

1900 Mount Holly Road, Building 4, Suite A

Burlington, NJ 08016

**Phone:** 609.386.4701

**Fax:** 609.386.4750

## Sewell Office

570 Egg Harbor Road, Suite B4

Sewell, NJ 08080

**Phone:** 856.218.8863

**Fax:** 856.218.4651

## Egg Harbor Township Office

2500 English Creek Avenue, Suite 225

Egg Harbor Township, NJ 08234

**Phone:** 609.813.2192

**Fax:** 609.813.2303

Appointments may be  
requested online for your convenience  
through our Patient Portal



# HYSTEROALPINGOGRAM (HSG)



South Jersey  
Fertility Center

Let our family help build your family.

An Axia Women's Health Center

WWW.SJFERT.COM

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### About The Procedure

Our goal at South Jersey Fertility Center is to provide infertility procedures in a friendly and relaxed environment. Hysterosalpingograms (HSG's) are performed in the Marlton Office by our physicians using state-of-art digital C-arm radiology equipment which reduces the x-ray exposure to the patient. It also allows us to schedule the procedure more efficiently and in a familiar, comfortable radiology setting. HSG's are scheduled by appointment in our Marlton Office.

### What Is An HSG?

A hysterosalpingogram (HSG) is a test that assesses whether the fallopian tubes are open and if the uterine cavity is normal. A radio-opaque fluid is infused into the uterine cavity and through the tubes while taking an X-ray.

### How Is AN HSG Performed?

The HSG is done by inserting a speculum in the vagina to localize the cervix which is then cleansed with antiseptic. A catheter is placed at the opening of the cervix and the dye is infused gently for 1-2 minutes while the X-ray is taken. The "dye" outline the contour of the cavity and tubes. It can detect abnormalities such as blockage or swelling of the tubes, polyps, fibroids, scar tissue or an abnormal shape of the uterine cavity.

### What To Expect After An HSG

Patients might experience strong menstrual cramps during the infusion, but these cramps dissipate shortly after the test is completed. You may have a vaginal discharge or light bleeding for several days after the test and perhaps some persistent mild cramps for 10 minutes.

An HSG can be done in the same month that you are attempting a pregnancy, but not if you are past your usual day of ovulation (typically cycle day 14) to avoid interrupting a potential pregnancy. If you have had a history of sexually transmitted diseases or tubal disease, we will have you take antibiotics prior to the test. It is recommended that you take 600 mg of ibuprofen or 1000 mg of Tylenol one hour before the HSG to reduce cramping.

Some studies have shown that fertility is improved after having an HSG perhaps because small tubal blockages may be flushed out by the test, opening up the tubes to work normally again.

Very rarely a patient may get an infection after a HSG. If you have a vaginal infection you should not have the test until it is treated. If you have a fever, foul smelling discharge or continuous pain after the test you should call us.



*Dye fills to the ends of both tubes.*



*Dye spills out the ends of tubes.*

**To schedule, please contact  
our nurse triage line at  
856-596-2233 Ext 1241**

10,000 BABIES BORN

4 CONVENIENT LOCATIONS

30 YEARS OF SERVICE